



## **Vi behöver #schystastädvillkor - (We need #hotelhousekeeperglobal.)**

A hotel maid's work is stressful and physically demanding. Many of them have precarious employment and an increased work volume.

**On the 31 of October - 6 of November 2016** HRF arrange an activity week where we highlight this problem.

So please help us to draw attention to this matter via social media.

Hold up the front of this poster, take a photo and post it.

Our prime minister has done it. Our cleaning staff have done it. Now you do it!  
Our hashtag is **#schystastädvillkor**.

The campaign is part of a global campaign via our branch federation IUL. To spread the campaign internationally use the hashtag **#fairhousekeeping**.

For more information, please go to [www.hrf.net](http://www.hrf.net).

### **This is what you can do in your workplace:**

- Join HRF and invite as many of your work colleagues as you can. Together we have greater power to make a change.
- Take a break even if it's stressful. You need the rest to revive yourself.
- If something is too heavy or stressful, tell someone. Your workload should be adjusted after people's ability according to the Occupational Safety and Health Act.
- It's your right to try to influence your work situation. This is done in consultation with your employer. All workplaces with collective agreements are obligated to consult with their employees.
- We must improve our quest in preventing accidents and occupational injuries.

Read more on [www.alltomstad.se](http://www.alltomstad.se).

# JAG TAR STÄLLNING FÖR

**#schystastädvillkor**

